



PULMONARY FUNCTION TEST AND METHACHOLINE CHALLENGE INSTRUCTIONS

THE FOLLOWING INSTRUCTIONS ARE NECESSARY IN ORDER TO PROCEED WITH THE TESTING:

****Avoid smoking for one hour before test, **avoid vigorous exercise the day before test,
**avoid occupation sensitizers, **EAT A LIGHT MEAL AT LEAST 2 HOURS BEFORE
THE TEST**

MEDICATION

WITHHOLDING TIME

- | | |
|--|---------------------------|
| ❖ Albuterol, Ventolin, ProAir, Xopenex, Proventil
Breathine, Tonalate, MaxAir. | 6 hours before test |
| ❖ Atovent, Combivent, DuoNeb, Incruse,
Striverdi, Respimat. | 12 Hours before test |
| ❖ Severent, Foradil, Advair, Symbicort, Wixela,
Performist, Dulera, Brovana, Daliresp | 36 hours before test |
| ❖ Breo, Arcapta, Ombreez | 48 hours before test |
| ❖ Spiriva, Tiotropium, Stiolto, Tudorza, Yuperli,
Bretzi, Trelegy, Anoro | 72 hours before test |
| ❖ Smoking | Stop one hour before test |
| ❖ Alcohol beverages | 12 Hours before test |

FOR METHACHOLINE CHALLENGE ONLY:

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|--|--|
| ❖ Cardiac medications (Beta Blockers only) | Office will notify you when to stop |
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**IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT PLEASE CANCEL
24 HOURS IN ADVANCE.**

Thank You

Date: _____

Time: _____

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